

# Battlefield of the mind



## DID YOU KNOW YOUR MIND IS A BATTLEFIELD?

Well, it is. Let's face it: Teen life can be a constant battle. But the most important fight you'll face won't be in the halls of your school, in Internet chat sessions, at an after-prom party, or even in your family's living room. The most important fight of all will be waged in your mind.

**BATTLEFIELD OF THE MIND FOR TEENS** takes an honest look at what teenagers face every day—peer pressure, expectations for your future, the struggle for independence. With solid research, interviews with young people like you, and no-nonsense, biblically based advice, Joyce Meyer gives you the ammo you need to make your brain a clean, mean, fighting machine.

There's no getting around the fact that the world is sometimes a difficult place. Joyce Meyer wants to make sure you win the battle for your brain—and she wants you to win big. So crack open this book and let the battle begin. . .

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